

built. September 2015 Class Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Drop-ins welcome! \$10.00		1 5:30 - 6:15am Instructor's Choice 8:30 - 9:15am built. Beatz 5:30 - 6:30pm Brick & More Core	2 5:30 - 6:15am Fightin' 15s 8:30 - 9:15am Fightin' 15s 4:30 -5:15pm Suspend 6 - 7pm Boot Camp	3 8:30 - 9:30am Brick & More Core 12 - 12:45pm Core Cardio Circuit 5:30 - 6:30pm Tough 20s	4 5:30 - 6:30am Boot Camp 8:30 - 9:15am Instructor's Choice 9:30 - 10:15am Under Construction	5 9 - 9:45am Abbreviated Boot Camp
	6	7 Labor Day Holiday Boot Camp 8:30 - 9:30am Members FREE Guests \$5.00	8 5:30 - 6:15am Instructor's Choice 8:30 - 9:15am built. Beatz 5:30 - 6:30pm Brick & More Core	9 5:30 - 6:15am Fightin' 15s 8:30 - 9:15am Fightin' 15s 4:30 -5:15pm Suspend 6 - 7pm Boot Camp	10 8:30 - 9:30am Brick & More Core 12 - 12:45pm Core Cardio Circuit 5:30 - 6:30pm Tough 20s	11 5:30 - 6:30am Boot Camp 8:30 - 9:15am Instructor's Choice 9:30 - 10:15am Under Construction
13	14 5:30 - 6:30am Boot Camp 8:30 - 9:15am Abbreviated Boot Camp 4:30 - 5:15pm Barre Bootcamp 5:30 - 6:15pm built. beatz	15 5:30 - 6:15am Instructor's Choice 8:30 - 9:15am built. Beatz 5:30 - 6:30pm Brick & More Core	16 5:30 - 6:15am Fightin' 15s 8:30 - 9:15am Fightin' 15s 4:30 -5:15pm Suspend 6 - 7pm Boot Camp	17 8:30 - 9:30am Brick & More Core 12 - 12:45pm Core Cardio Circuit 5:30 - 6:30pm Tough 20s	18 5:30 - 6:30am Boot Camp 8:30 - 9:15am Instructor's Choice 9:30 - 10:15am Under Construction	19 9 - 9:45am Abbreviated Boot Camp
20	21 5:30 - 6:30am Boot Camp 8:30 - 9:15am Abbreviated Boot Camp 4:30 - 5:15pm Barre Bootcamp 5:30 - 6:15pm built. beatz	22 5:30 - 6:15am Instructor's Choice 8:30 - 9:15am built. Beatz 5:30 - 6:30pm Brick & More Core	23 5:30 - 6:15am Fightin' 15s 8:30 - 9:15am Fightin' 15s 4:30 -5:15pm Suspend 6 - 7pm Boot Camp	24 8:30 - 9:30am Brick & More Core 12 - 12:45pm Core Cardio Circuit 5:30 - 6:30pm Tough 20s	25 5:30 - 6:30am Boot Camp 8:30 - 9:15am Instructor's Choice 9:30 - 10:15am Under Construction	26 9 - 9:45am Abbreviated Boot Camp
27	28 5:30 - 6:30am Boot Camp 8:30 - 9:15am Abbreviated Boot Camp 4:30 - 5:15pm Barre Bootcamp 5:30 - 6:15pm built. beatz	29 5:30 - 6:15am Instructor's Choice 8:30 - 9:15am built. Beatz 5:30 - 6:30pm Brick & More Core	30 5:30 - 6:15am Fightin' 15s 8:30 - 9:15am Fightin' 15s 4:30 -5:15pm Suspend 6 - 7pm Boot Camp			

Memberships: Monthly Unlimited \$35 - One month of unlimited classes starting from date of first class

90 Day Unlimited \$90 - Same as monthly unlimited but 90 days (save \$15 over 3 months)

10 Class Pass \$50 - You have 90 days to use all 10 classes from the date of your first class

Schedule is also available on-line at www.get-built.com with class descriptions, instructors, etc.

Download the free app Mindbody Connect where you can register for built. classes, see class descriptions and purchase memberships.